

030-333^{Q&As}

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QUESTION 1

Differentiation between supraventricular and ventricular rhythm is made on the basis of the:

- A. Duration (width) of the QRS complex and the presence or absence of P waves.
- B. Appearance of the ST segment.
- C. Amplitude of the U wave.
- D. Duration of the PR interval.

Correct Answer: A

QUESTION 2

What is an appropriate initial weight loss goal for an obese individual desiring weight reduction?

- A. 10%initial body weight in first 6 months.
- B. 20 pounds in 2 months.
- C. 5 pounds per week for the first 6 weeks, then weight maintenance.
- D. BMI of less than 18.5.

Correct Answer: A

QUESTION 3

A program's policy and procedures manual should NOT

- A. Be stored away for safekeeping.
- B. Be revised as the program's policies and/or procedures are modified.
- C. Be viewed as a document in progress.
- D. Contain program information ranging from the organizational structure to the facility's maintenance schedule.

Correct Answer: A

QUESTION 4

Controlling pool water temperature (83-88°F), avoiding jarring and weight-bearing activities, and avoiding movement in swollen, inflamed joints are special considerations for exercise in:

- A. Clients after atherectomy.

- B. Clients with angina.
- C. Clients with osteoporosis.
- D. Clients with arthritis.

Correct Answer: D

QUESTION 5

Which of the following is one cause of a wide QRS complex?

- A. Hypokalemia.
- B. Defective intraventricular conduction.
- C. Right atrial enlargement.
- D. Abnormal ST segment

Correct Answer: B

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