

# 040-444<sup>Q&As</sup>

ACSM Registered Clinical Exercise Physiologist

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**QUESTION 1**

Which of the following is not a feature of the metabolic syndrome?

- A. Dyslipidemia (low HDL-C, elevated triglycerides).
- B. Osteoporosis.
- C. Insulin resistance.
- D. Elevated blood pressure.

Correct Answer: B

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**QUESTION 2**

What common medication taken by clients with end-stage renal disease requires careful management for those undergoing hemodialysis?

- A. Antihypertensive medication.
- B. Lithium.
- C. Cholestyramine.
- D. Cromolyn sodium.

Correct Answer: A

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**QUESTION 3**

How can exercise equipment add to the risk of participation?

- A. Because it is expensive.
- B. Because it is hard to move.
- C. Because it is used incorrectly.
- D. Because of the time one waits to use it.

Correct Answer: C

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**QUESTION 4**

Which fat-soluble vitamin is important for bone formation?

- A. Vitamin A.

B. Vitamin D.

C. Vitamin E.

D. Vitamin K.

Correct Answer: B

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**QUESTION 5**

Slow conduction in the A V node is associated with

A. Prolonged PR interval.

B. Prolonged QRS interval.

C. Shortened QT interval.

D. Elevated ST segment.

Correct Answer: A

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