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QUESTION 1

Which clinical manifestation would a patient with a pulmonary embolus display?

- A. Decreased respirations
- B. Bradypnea
- C. Dyspnea
- D. Bradycardia

Correct Answer: C

The clinical manifestation that the nurse would most likely see with a pulmonary embolus is dyspnea. Other clinical manifestations that the nurse might see include tachypnea, tachycardia and chest pain. This is a medical emergency, and the physician should be notified immediately if pulmonary embolus is suspected.

QUESTION 2

You are caring for a patient in the withdrawal process. What medication do you expect the physician to order to make the withdrawal process easier?

- A. Tetrahydrocannabinol
- B. Naltrexone hydrochloride
- C. Benzodiazepine
- D. Amphetamines

Correct Answer: C

The physician would order benzodiazepines for the patient going through the withdrawal process. The patient going through withdrawal can be anxious and agitated. Withdrawal can also lead to elevated blood pressure, heart rate and even death in some cases if not treated. Giving benzodiazepines to the patient decreases the risk of this happening.

QUESTION 3

You are caring for an older female patient whose husband died six months ago. Which of the following actions by the patient indicates ineffective coping?

- A. Visiting the grave once a month
- B. Participating in a senior citizens program
- C. Looking at old snapshots of her family
- D. Neglecting her personal grooming

Correct Answer: D

The older patient who has lost her husband is not coping well if she begins to neglect her personal grooming. Patients use coping mechanisms to decrease stress and anxiety. In some cases extreme behavior that is harmful to them physically or psychologically may occur.

QUESTION 4

Which IV fluids would you need to hang with a transfusion?

- A. Lactated ringers
- B. Dextrose 5% and normal saline 0.9%
- C. Dextrose 5% and normal saline 0.45%
- D. Normal saline 0.9%

Correct Answer: D

The nurse should hang normal saline 0.9% with a transfusion. All other options are contraindicated due to clotting and hemolysis. Normal saline is the only option that can be hung with a transfusion.

QUESTION 5

Your patient is starting on disulfiram (Antabuse) for alcohol withdrawal. What is the highest priority for this patient?

- A. Social reintegration
- B. Learning about the disease
- C. Remaining abstinent
- D. Remaining in rehab

Correct Answer: C

The priority for the patient taking disulfiram (Antabuse) is to remain abstinent. Antabuse reacts with alcohol to cause adverse effects, which is why it is given to alcoholics. The other three options are important but can not occur without option C.

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