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QUESTION 1

There are 2 types of family-centered services utilized by clinical social workers. The first service consists of family support with the intention of helping families cope with everyday parenting stress. The primary focus of the professional is to prevent child maltreatment by strengthening the skills and knowledge of all members. The second type of family-centered approach was developed to help those at serious risk or in crisis. This service is commonly known as:

- A. Foster care
- B. Family crisis intervention
- C. Family preservation
- D. Target identification

Correct Answer: C

Family preservation is often sought for families who are actively working with Child Protective Services or the juvenile court system. This approach targets those who are facing immediate threat of children being placed outside of the home. The goal is prevention and/or reunification if the children are coming home to their family.

QUESTION 2

Indirect practice benefits all individuals, but especially the population targeted by social welfare programs and policies. Social workers begin working with individuals based on what foundational principle reinforced by the NASW Code of Ethics?

- A. Social justice
- B. Affirmative action
- C. The dignity and worth of a person
- D. Discrimination The collective need of society for fairness

Correct Answer: C

A primary tenet of the NASW Code of Ethics is the dignity and worth of a person. From this principle is built the concepts of social justice, empowerment, and all others from which a social worker may organize interventions.

QUESTION 3

Shayla has never owned a dog and fears them greatly. She grew up in the city and only saw dogs from afar when walking past the park. The client has ambitions to become a veterinarian's assistant but cannot complete the task until she overcomes this one hurdle. Which of the following types of therapies could Shayla benefit from?

- A. Cognitive-Behavioral
- B. Phobm
- C. Ego-functional

Correct Answer: A

Shayla could benefit from cognitive-behavioral therapy. Treatments might include desensitization to help Shayla overcome her phobia. The process would take place in steps and eliminate the need for situational avoidance. Other treatments for Shayla might include desensitization and relaxation training.

QUESTION 4

A clinical social worker ensures that an assessment plan flows naturally from children and family to service planning. Face-to-face meetings are conducted to assess needs and recognize positive strengths. Other agencies may be involved including teachers, therapists, and other community support systems. What type of assessment encompasses all of the above?

- A. Cognitive behavioral assessment
- B. Family fundamentals assessment
- C. Community relations assessment
- D. Functional assessment

Correct Answer: D

A functional assessment is one of the key factors in achieving the well-being, safety and permanence of a child. The family and children are engaged as partners in the entire process. Family assessments are needs-based, team-based and strengths-based. They make use of family systems relationships.

QUESTION 5

Beverly is a 72 year old female who suffers from diabetes. She lives independently, but her health was recently diagnosed by a doctor as slowly failing. The medical professional sees the cause as being a lack of nutrition and failure to take medication as prescribed. Beverly does not drive and stays within her home. Neighbors have noticed a lack of food in the house and Beverly not appearing to be very clean. A clinical social worker is assigned to handle case management. What will be this individual's main function?

- A. Short-term communication and planning
- B. Assessment, education and coordination of services
- C. Administering medication, daily living skills, assessment
- D. Preparing the individual for assisted living

Correct Answer: B

Case management is a service ideal for supporting individuals with chronic diseases. In Beverly's case, she is losing the ability to self-manage. The clinical social worker will assess appropriate long-term care needs. The focus is on collaboration between social and health care providers. Effective case management supports the individual in a manner that allows effective community involvement while maintaining that person in their home.