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QUESTION 1

Cynthia is a clinical social worker in a hospital setting. She is currently taking an online course that explains medical terminology and consults daily with physicians to clarify any questions she may have. Clinical social workers assume the responsibility to increase and specialize in their practice knowledge. Self-study, consultation, and on-going education are all part of what essential activity?

- A. Supervision
- B. Collaboration
- C. Professional development
- D. Resource collection

Correct Answer: C

Quality social work services can be assured when there is strong dedication to credentials, publications, training courses, education and consultation. Professionals are ethically required to be current on research, techniques and theories that guide social work practice.

QUESTION 2

A mother of three small children has sought help with parenting skills. The clinical social worker will gather family history, using this to help set goals for the client. It is important not to set these too high or beyond reach. The mother is educated on a positive view of human nature with the focus on controlling one's own fate instead of becoming a victim to it. This intervention is part of what kind of therapy?

- A. Life skills training
- B. Cognitive-behavioral therapy
- C. Interactive peer modeling
- D. Empowerment

Correct Answer: D

Empowerment is a core element of social work interventions. It puts the locus of control in the client's realm and it is the motivation utilized by clinical social workers to set goals, deal with tasks, and maintain social interest.

QUESTION 3

The immediacy of crisis intervention ensures the safety of an individual and his/her family. Clinical social workers often find resistance as being a response from the victim. There are three phases professionals follow when intervening. The first involves establishing rapport with the individual through empathy, while the second includes gathering information for assessment. What is the third phase?

- A. Setting a goal to return to the pre-crisis level of functioning.
- B. Averting the crisis

- C. Determining what the crisis means
- D. Determining who will be affected by the crisis

Correct Answer: A

Clinical social workers understand the importance of helping victims recover from a crisis. It is an important domain within the healing process. Individuals want to gain stability in their lives and prevent further victimization. For crisis intervention to be successful, it should be practiced in a structured, humanistic manner.

QUESTION 4

Emily is a nine year old with cerebral palsy. Her movements are slow and often cannot be controlled. This mainly affects Emily's hands, arms, feet, and legs. Her muscle tone tends to change day to day, even affecting the child's tongue and face. What form of cerebral palsy is Emily demonstrating?

- A. Athetoid
- B. Spastic
- C. Ataxic
- D. Mixed

Correct Answer: A

Emily is displaying athetoid cerebral palsy. This affects between ten and twenty percent of the total population suffering from this disability. Movements are normally slower and are perceived by a writhing motion. Most individuals will have difficulty with speech and language.

QUESTION 5

A clinical social worker is determining a client's problem in order to develop treatment using a framework that includes exploration; socialization; and feedback. What kind of therapy is being described?

- A. Cognitive-behavioral
- B. Group
- C. Person-centered
- D. Gestalt

Correct Answer: B

The purpose of group therapy is to utilize a peer group with common issues to explore together issues and resolutions related to the identified problem(s). Utilizing socialization as a method, members provide interaction and feedback as part of working toward change.