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QUESTION 1

Pyridoxine is often used in pregnancy to manage which of the following conditions?

- A. Hot flushes
- B. Diarrhea
- C. Nausea / vomiting
- D. Mood disturbances
- E. Insomnia

Correct Answer: C

Pyridoxine is combined with doxylamine to treat morning sickness in pregnant women.

QUESTION 2

An 18-year-old female is referred to a dermatologist for treatment of severe acne vulgaris. The dermatologist wants to start her on tetracycline.

What test should the patient have prior to starting treatment?

- A. Pregnancy test
- B. Chest X-ray
- C. Complete blood count
- D. Liver function tests
- E. Creatine kinase

Correct Answer: A

Pregnancy test. Tetracyclines are effective in the treatment of severe cases of acne. They are however teratogenic. As such, it is imperative to make sure female patients are not pregnant prior to starting this medication. In many instances patients are started on concurrent birth control to mitigate this risk even further. A chest x-ray (B) is an important exam to obtain prior to starting drugs which have pulmonary toxicity as a side effect such as amiodarone. A complete blood count (C) would be useful prior to starting a medication that causes anemia, such as immunosuppressive and chemotherapeutic agents. Liver function tests (D) are important to establish as a baseline prior to starting anti-mycobacterial agents. Creatine kinase levels (E) are used to establish as a baseline prior to starting statins.

QUESTION 3

JM is a 32-year-old women who comes to your diabetic clinic with complain of several episodes of hypoglycemia. She is on Insulin NPH/regular 70/30, 22 units twice a day with breakfast and dinner. 8 units with lunch.

After discussing with physician you decide to decrease the total daily insulin by 10% and change to insulin glargine once

a day and Insulin Lispro three time a day at ratio of 50:50 ?50 % of long and 50 % of short acting insulin.

What is her new insulin regimen? Round down to the nearest 1 unit.

- A. 16 units of insulin glargine once daily, Insulin Lispro 4 units 3 times a day with meals
- B. 15 units of insulin glargine once daily, Insulin Lispro 5 units 3 times a day with meals
- C. 23 units of insulin glargine once daily, Insulin Lispro 7 units 3 times a day with meals
- D. 30 units of insulin glargine once daily, Insulin Lispro 6 units 3 times a day with meals
- E. 18 units of insulin glargine once daily, Insulin Lispro 6 units 3 times a day with meals

Correct Answer: C

QUESTION 4

LN is 84 YOM who is in hospital for a back surgery. His height is 5 feet and 4 inches, weight 85 kg and NKDA.

His past medical history includes hypertension, diabetes mellitus, major depression, hypothyroidism and chronic back pain. Post-op day 1, LN's medication includes Dexamethasone 8 mg iv q6h with taper dosing, Ondansetron 4mg iv q6h prn for N/V, Levothyroxine 0.075 mg po daily, Lisinopril 10mg po daily, Citalopram 20mg po daily, Docusate sodium / Senna 1 tab po twice a day, Bisacodyl 10mg suppository daily prn for constipation, Famotidine 20mg iv q12hr, Metoclopramide 10mg iv q6h, Metformin 500mg po bid, D51/2NS with 20K at 125mls/hour and Hydromorphone PCA at 0.2mg/hour of basal rate, demand dose 0.1mg. lock-out every 6min, one hour limit 2.2mg/hour. Pertinent morning labs includes serum creatinine 1.4mg/dl, Mg 1.5mg/dl, K 5.0mmol/L, Na 135 mmol/L.

Which of the following medication may cause psychotic episode such as emotional lability, hallucinations, mania, mood swings and schizophrenic reasons?

- A. Lisinopril
- B. Dexamethasone
- C. Famotidine
- D. Metoclopramide
- E. Hydromorphone

Correct Answer: B

Dexamethasone is associated with psychiatric disturbances. Corticosteroids may exacerbate pre-existing psychiatric conditions.

QUESTION 5

You need 51.3 mEq of NaCl to make 1/3 NS 1 liter bag. How many ml of 23.4% NaCl would you need? (Molecular weight of Na is 23 and Cl is 35.5)

- A. 12.82ml
- B. 16.82ml
- C. 23.4ml
- D. 58.5ml
- E. 10ml

Correct Answer: A

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