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QUESTION 1

Fat emulsions are frequently administered as a part of total parenteral nutrition.

Which statement is true regarding fat emulsions?

- A. They have a high energy-to-fluid-volume ratio.
- B. Even though hypertonic, they are well tolerated.
- C. They are a basic solution secondary to the addition of sodium hydroxide (NaOH).
- D. The pH is alkaline, making them compatible with most medications.

Correct Answer: A

They have a high energy-to-fluid-volume ratio. Fat emulsions are formulated in 10%, 20%, and 30% solutions and supply 1.1, 2, and 3 kilocalories respectively for each milliliter. A milliliter of 5% dextrose only supplies 0.17 kilocalories. Choices "Even though hypertonic, they are well tolerated.", "They are a basic solution secondary to the addition of sodium hydroxide (NaOH)." and "The pH is alkaline, making them compatible with most medications." are incorrect because fat emulsions are essentially pH neutral and isotonic.

QUESTION 2

Rh negative maternal blood indicates _____.

- A. an incompatibility in the blood between the mother and fetus
- B. that antibodies in the mother's blood are attacking her baby's blood
- C. the mother will require a blood transfusion at the time of delivery
- D. the mother does not have a specific marker on her red blood cells

Correct Answer: D

The mother's red blood cells lacking a specific marker indicate that she is Rh negative. However, incompatibility only occurs if the baby is Rh positive and the mother is Rh negative. This is typically not a problem with a first pregnancy, but in a subsequent pregnancy, the incompatibility can cause the antibodies created during the first pregnancy to attack the new fetus' red blood cells. A blood transfusion would have no effect on this problem.

QUESTION 3

An episiotomy is _____.

- A. a surgical incision of the perineum to prevent tearing during delivery
- B. releasing the red plug from the cervix just before crowning occurs
- C. an incision in the abdomen with which the baby can be delivered through

D. the severance of the umbilical cord between mother and child

Correct Answer: A

An episiotomy is a surgical incision of the perineum and the posterior vaginal wall to quickly enlarge the opening for the baby to pass through; this incision prevents tearing during a vaginal delivery.

The releasing of the red plug is known as the bloody show.

The baby delivered through an incision in the abdomen is a Caesarian delivery.

Umbilical severance or cutting and clamping of the cord both apply to the procedure of separating mother and child after childbirth.

QUESTION 4

When cleaning a PEG tube, which of these tasks should not be performed?

- A. Talcum powder is applied to the tube site.
- B. Mild soap is used to clean around the tube site.
- C. The skin around the tube site is thoroughly dried with a clean towel.
- D. Crusty drainage is gently removed from the site.

Correct Answer: A

QUESTION 5

The patient should be sitting when deep breathing and coughing because this position _____.

- A. is physically more comfortable for the patient
- B. helps the patient to support their incision with a pillow
- C. loosens respiratory secretions
- D. allows the patient to observe their area and relax

Correct Answer: B

The patient should be sitting when deep breathing and coughing because this position allows the patient to be better able to splint the incision with a pillow which provides abdominal support during coughing. It also allows the lungs to more fully expand because the diaphragm drops. The most comfortable position for the patient is the supine position; however, this position does not permit the lungs to fully expand. There is no association or correlation between loosening respiratory secretions or relaxation with this sitting position.

QUESTION 6

A patient is complaining of severe chest pain during a stress test.

Which of the following medications is the most appropriate to relieve this discomfort?

- A. Aspirin
- B. Diazoxide
- C. Procardia
- D. Mannitol

Correct Answer: C

Procardia can provide the quickest relief of ischemic chest pain that is severe in this case.

QUESTION 7

With a breech presentation, the nurse must be particularly alert for _____.

- A. quickening
- B. ophthalmia neonatorum
- C. pica
- D. prolapsed umbilical cord

Correct Answer: D

Prolapsed umbilical cord is the descent of the umbilical cord into the vagina before the fetal presenting part and compression of the cord between the presenting part and the maternal pelvis, compromising or completely cutting off fetoplacental perfusion.

This is an emergency situation; immediate delivery should be attempted to save the fetus.

QUESTION 8

Neural tube defects in the fetus have been primarily associated with which deficiency in the mother?

- A. iron
- B. folic acid
- C. vitamin B12
- D. vitamin E

Correct Answer: B

Folic acid is essential for the development of the neural tube and might prevent the defect or failure of the tube to close

(congenital anomalies).

QUESTION 9

Which of these breath sounds is considered normal and not adventitious?

- A. Vesicular breath sounds
- B. Fine rales
- C. Rhonchi
- D. Wheezes

Correct Answer: A

Vesicular breath sounds are normal breath sounds.

Rales, fine and coarse, rhonchi and wheezes are all abnormal, adventitious breath sounds.

QUESTION 10

A 12-year-old male is brought to his primary care provider to determine whether sexual abuse has occurred. The mother states, "Because there is no permanent physical damage, he does not need any more treatment."

The nurse's response should be based on which of the following pieces of information?

- A. Male victims of sexual abuse seldom have long-term psychological problems.
- B. Survivors of male sexual abuse might become confused about their sexual identity.
- C. Unless treated, all male sex abuse survivors grow up to abuse other children.
- D. All children who have been sexually abused have the same needs, regardless of gender.

Correct Answer: B

Male children are sexually abused nearly as often as female children. Perpetrators are usually men but can be women.

Needs of male children who have been sexually abused might be different from the needs of female survivors.

Male survivors might respond in anger, question their sexuality, use alcohol and other drugs, and might try to prove their masculinity by performing daring acts.

QUESTION 11

A 55-year-old female asks a nurse the following, "Which mineral/vitamin is the most important to prevent progression of osteoporosis."

The nurse should state _____.

- A. Potassium
- B. Magnesium
- C. Calcium
- D. Vitamin B12

Correct Answer: C

Calcium is the most recognized osteoporosis treatment.

QUESTION 12

The PN walks into the patient's room and observes the patient having an asthma attack. What would be the best position for this patient?

- A. lying flat with arms crossed over chest
- B. sitting up, bent forward, arms resting
- C. left lateral Sims position
- D. standing with arms at side

Correct Answer: B

QUESTION 13

Which of the following vaccines is a live virus?

- A. varicella
- B. IPV
- C. DTaP
- D. hepatitis B

Correct Answer: A

Varicella is a live virus, as is OPV. IPV is an inactivated polio vaccine.

QUESTION 14

A client is given an opiate drug for pain relief following general anesthesia. The client becomes extremely somnolent

with respiratory depression.

The physician is likely to order the administration of _____.

- A. naloxone (Narcan)
- B. labetalol (Normodyne)
- C. neostigmine (Prostigmin)
- D. thiothixene (Navane)

Correct Answer: B

Tolerance is the capacity to ingest an increasing amount of a substance without effect and the experience of decreased sensitivity to the substance. Tolerance can develop with long-term use of many drugs.

Naloxone (Narcan) is the dose required to produce a defined magnitude of drug effect.

Neostigmine (Prostigmin) binds to a receptor and causes an action.

Thiothixene (Navane) is the maximal response produced by a drug.

QUESTION 15

An LPN works on an adult medical/surgical unit and has been pulled to work on the burn unit, which cares for patients of all ages.

What should he do?

- A. He should take the assignment, but explain the situation to the charge nurse and ask for a quick orientation before starting.
- B. He should refuse to take the assignment, as caring for infant and child population is not within his scope of practice.
- C. He should take the assignment, but ask to be paired with a more experienced LPN.
- D. He should take the assignment, but make it clear he will only care for adult patients.

Correct Answer: A